**Full Email Script (from a L’Arche DSP)**  
*Short version below*

**Subject Line:**

Please protect Medicaid for people with disabilities

**Body:**

Dear [Senator/Representative] [Last Name],

My name is [Your Name], and I work as a Direct Support Professional (DSP) at L’Arche—a community where people with and without intellectual and developmental disabilities share life together.

Every day, I support my friends with disabilities as they get ready for work, go grocery shopping, attend community events, and live meaningful lives in their own homes. None of that would be possible without Medicaid.

Medicaid funds the services and supports that allow people with disabilities to live with dignity, stay connected, and avoid being forced into institutions. It also funds the wages of DSPs like me—people who care deeply about this work, but who are already stretched thin by low pay and high demand.

Cuts to Medicaid would be devastating. They would mean fewer supports, less independence, and more isolation for my friends who deserve so much more. They would make it harder for dedicated DSPs to stay in this work—and harder for communities like ours to hold together.

Please protect Medicaid and fully fund home and community-based services. People with disabilities deserve to thrive—not just survive!

Thank you for your time and for standing up for inclusion and belonging.

Sincerely,

[Your Full Name]

[Your City/State]

Direct Support Professional, L’Arche [Community Name]

**Short Version (for emails, action tools, or text messages)**

Dear [Lawmaker Name],

I’m a Direct Support Professional at L’Arche, where I support people with intellectual and developmental disabilities in their daily lives. Medicaid makes this possible—and without it, the friends I support would lose the services they need to live safely in community.

Please protect Medicaid and fully fund home and community-based services. People with disabilities deserve better than cuts that would risk their safety and independence.

Sincerely,

[Your Name]

DSP, L’Arche [Community Name]

📧 Long Version – From a L’Arche Donor/Volunteer/Supporter

Subject Line:

Please protect Medicaid and the people who depend on it

Body:

Dear [Senator/Representative] [Last Name],

My name is [Your Name], and I’m a proud supporter of L’Arche, a community where people with and without intellectual and developmental disabilities share life together. I’ve had the privilege of witnessing the incredible impact that Medicaid-funded services have on the lives of people with disabilities—and on their communities.

Medicaid isn’t just a program. It’s the reason many people with disabilities can live in homes—not institutions. It funds the supports that allow people to participate fully in community life, build relationships, find purpose, and live with dignity. It also provides essential wages for Direct Support Professionals, the compassionate workers who make this care possible.

As someone who cares deeply about inclusion and human dignity, I am deeply concerned about proposed cuts to Medicaid and threats to home and community-based services (HCBS). These services are already under strain. Any reduction in funding would put lives and livelihoods at risk.

I urge you to protect Medicaid, invest in HCBS, and stand up for the rights and well-being of people with disabilities. Everyone deserves the chance to belong, to be included, and to live with the supports they need.

Thank you for your leadership and your commitment to a more just and inclusive society.

Sincerely,

[Your Full Name]

[Your City/State]

L’Arche Donor / Volunteer / Supporter

💬 Short Version – From a L’Arche Supporter

Dear [Lawmaker Name],

I’m a supporter of L’Arche, a community that includes people with intellectual and developmental disabilities. Medicaid makes inclusion possible—funding the services people need to live with dignity and connection.

Please protect Medicaid and fully fund home and community-based services. These supports are vital. People’s lives depend on them.

Sincerely,

[Your Name]

L’Arche Donor / Volunteer / Supporter