**Long Email Template (from a L’Arche Donor/Volunteer/Supporter)**

*Short version below*  
  
**Subject Line:**

Please protect Medicaid and the people who depend on it

**Body:**

Dear [Senator/Representative] [Last Name],

My name is [Your Name], and I’m a proud supporter of L’Arche, a community where people with and without intellectual and developmental disabilities share life together. I’ve had the privilege of witnessing the incredible impact that Medicaid-funded services have on the lives of people with disabilities—and on their communities.

Medicaid isn’t just a program. It’s the reason many of my friends with disabilities can live in homes—not institutions. It funds the supports that allow people to participate fully in community life, build relationships, find purpose, and live with dignity. It also provides essential wages for Direct Support Professionals, the compassionate workers who make this care possible.

As someone who cares deeply about inclusion and human dignity, I am deeply concerned about proposed cuts to Medicaid and threats to home and community-based services. These services are already under strain. Any reduction in funding would put lives and livelihoods at risk.

I urge you to protect Medicaid, invest in HCBS, and stand up for the rights and well-being of people with disabilities. Everyone deserves the chance to belong, to be included, and to live with the supports they need.

Thank you for your leadership and your commitment to a more just and inclusive society.

Sincerely,

[Your Full Name]

[Your City/State]

L’Arche Donor / Volunteer / Supporter

**Short Version (for emails, action tools, or text messages)**

Dear [Lawmaker Name],

I’m a supporter of L’Arche, an inclusive community people with and without intellectual and developmental disabilities. Medicaid makes inclusion possible—funding the services my friends with disabilities need to live with dignity and connection.

Please protect Medicaid and fully fund home and community-based services. These supports are vital. People’s lives depend on them.

Sincerely,

[Your Name]

L’Arche Donor / Volunteer / Supporter